

NIKE SIZE GUIDE (2016)

SIZE CHART

APPAREL

Men's (metric)

Size (cm)

Chest

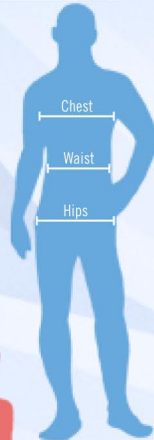
Waist

Hip

Regular Inseam

Short Inseam

Long Inseam



S	M	L	XL	XXL	XXXL
88-96	96-104	104-112	112-124	124-136	136-148
73-81	81-89	89-97	97-109	109-121	121-133
88-96	96-104	104-112	112-120	120-128	128-136
82.5	83	83.5	84	84.5	85
77.5	78	78.5	79	79.5	80
87.5	88	88.5	89	89.5	90

Women's (metric)

Size (cm)

Bust

Waist

Hip

Regular Inseam

Short Inseam

Long Inseam



S	M	L	XL
83-90	90-97	97-104	104-114
67-74	74-81	81-88	88-98
91-98	98-105	105-112	112-120
79.5	80	80.5	81.5
74.5	75	75.5	76.5
84.5	85	85.5	86.5

Kids' (metric)

Size (cm)

Chest

Waist

Hip

EMEA Height

XS	S	M	L	XL
64.5-66	66-69	69-75	75-81.5	81.5-88.5
59.5-61.5	61.5-65	65-69	69-72.5	72.5-75.5
68.5-71	71-74.5	74.5-79.5	79.5-84.5	84.5-89.5
122-128	128-137	137-147	147-158	158-170

SOCKS

Men's & Women's (unisex)

Size

Europe Shoe

UK Shoe

Men's US Shoe

Women's US Shoe

cm

XS	S	M	L	XL
30-34	34-38	38-42	42-46	46-50
12-2	2-5	5.5-7.5	8-11	11-14.5
13C-3Y	3Y-5Y	6-8	8-12	12-15
19-21	21-24	24-27	27-30	30-33